

#### **December 2015 Newsletter**

Welcome to the latest edition of the Byrd & Byrd email newsletter. We hope that you enjoy this newsletter and find helpful information along the way. Happy Reading. If you want more information about Byrd & Byrd, please visit our website by clicking the link below:

Visit Our Website



From all of us here at Byrd & Byrd, we want to wish you and your family a very Merry Christmas and a Happy New Year!

# **Senior Moments Redux by Jackie Byrd**

Here is a picture of Mrs. Georgette Givens of Seabrook. She has been a friend and supporter of Byrd & Byrd for many years. Everyone here loves her (I'm certain the love is not just for her delicious Christmas rum cakes!)



Mary Holt, legal assistant extraordinaire, and I went by to see Mrs. Givens last week and deliver Christmas goodies. Mrs. Givens makes me smile and smile. She will be 89 in February, her husband, her only son, and her last surviving brother are deceased. She lives alone and can no longer drive. All of those things, yet she maintains an active and upbeat approach to life.

Mrs. Givens keeps her house neat as can be, pays her bills on time, walks a lot, uses Metro Access, and any inventive thing she can think of to get to the Doctor's office, the grocery store and the beauty shop. Mrs. Givens' mind is sharp as a tack. She is carrying on a running conversation with the county property tax office and has

every fact absolutely straight.

To read the remainder of Jackie's article and find out what she learned from visiting with Mrs. Givens, please <u>visit our blog</u>.

#### SENIOR MOMENTS IS BACK!

Please tell your friends and neighbors that the "Senior Moments" column, published for more than 15 years in the Bowie Blade-News is now being published in the B&B newsletter monthly. Forward this to a friend who may want to subscribe to our newsletter. Thanks!



Forward to a Friend

# **Jackie and Toby with Old Saint Nick**



Toby and Jackie enjoyed visiting with a special friend at the annual county Department of Aging Red & Gold Christmas Gala for Prince George's seniors age 60 and over.

The popular annual event, hosted by Rushern L. Baker, County Executive, was standing room only last week at Martin's Crosswinds in Greenbelt.

## Jessica's Article in "Outlook by the Bay"

"Continuing Care Retirement Communities" - check out what Jessica has to say in her article

that was published in the <u>Holiday 2015 edition of Outlook by the Bay</u>. Her article is found on page 27 of the magazine.



## **Medicaid Monday on January 11**

On the second Monday of every month, Jessica Estes hosts a "Medicaid Monday" where she presents information to help you better understand the basic guidelines, requirements and process of Medicaid. This is a FREE informal seminar where you will be able to ask any questions you may have regarding Medicaid. Light refreshments will be provided at each event so we ask that you please RSVP as space is limited. The next

Medicaid Monday is January 11th from 5:30pm - 7pm. <u>RSVP by clicking here</u> or by calling (301) 464-7448.

#### YouTube Video of the Month

In the spirit of Christmas, our YouTube Video of the Month is a wonderful piano/cello arrangement of one of Christmas' most beloved songs. We hope you enjoy.



#### **Testimonial of the Month**

"Thank you. We are grateful for your professional contributions to our efforts."

- Bowie CLAW (Citizens for Local Animal Welfare)



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